

BOOK REVIEW

Text book “Rehabilitation in patients with the diseases of internal organs, of muscular and skeletal systems and of connective tissue”

Printing company “Totex-Lux”, Chisinau, 2017, 412 pages

The authors: **Vasilii Andreev**, MD, PhD, Professor Emeritus, Participant in the Second World War as a soldier and first-aid man in the rifle battalion, artillery battery of Leningrad and second Ukrainian fronts;

Ion Tabirna, MD, PhD, Professor Consultant; **Ghenadie Bezu**, MD, PhD, Associate Professor
Department of Internal Medicine and Semiology

Nicolae Testemitsanu State University of Medicine and Pharmacy, Chisinau, the Republic of Moldova

The book considers at a contemporary scientific level, the problems of etiology, pathogenesis, classification and the clinical picture with types and stages of development, complications, outcomes and also diagnosis including the differential one – all these in the diseases of internal organs, of the muscular and skeletal systems and of the connective tissue.

The book is 412 pages long and is composed of preface, abstract in English and five chapters, which reveal problems related to diseases of internal organs, of muscular and skeletal system and of connective tissues.

The distinctive feature of this book is that it provides basic information about diseases of internal organs, of muscular and skeletal systems and of connective tissues along with determining the degree of limited potentialities and working capacities with further rehabilitation in many nosological conditions.

The material exposed in the book will help clinicians, general practitioners and other categories of doctors to direct patients to the Medical Council in order to assess the degree of the impairment of potentialities and working capacities.

This is the first book with such a complex content which

treats issues of the impairment of potentialities and working capacities after the acknowledgement of the Government Decree (2013) regarding the new statute of the assessment of patients with health problems mentioned above.

The book is written in an accessible language and is easy for reading. I would like to congratulate the authors with the publishing of such a useful book, which will become indispensable for many physicians from our country.

In fact this is a textbook classified as a brief presentation of diseases of internal organs and other conditions. I recommend translating and publishing it into Romanian and English for further distribution to all medical institutions from the Republic of Moldova and abroad.

The textbook is dedicated to the 70th anniversary of Nicolae Testemitsanu State University of Medicine and Pharmacy of the Republic of Moldova and to the 90th anniversary of the birth of the academician Nicolae Testemitsanu.

Nicolae Bodrug, MD, PhD, Professor
Chairman of the Department of Occupational Diseases
Nicolae Testemitsanu State University of Medicine and
Pharmacy Chisinau, the Republic of Moldova

Monograph ”Primary Hypothyroidism (clinical, pathogenic, diagnostic and therapeutic aspects)”

Printing company ”Balacron Editions”, Chisinau, 2017, 191 pages

The author: **Lorina Vudu**, MD, PhD, Associate Professor

Department of Endocrinology, Nicolae Testemitsanu State University of Medicine and Pharmacy
Chisinau, the Republic of Moldova

The monograph “Primary Hypothyroidism (clinical, pathogenic, diagnostic and therapeutic aspects)” is devoted to an important problem in clinical endocrinology in the Republic of Moldova and general medicine. The number of people with autoimmune thyroid disease has considerably increased, in adults and children, after the Chernobyl nuclear explosion, which has led to an increase in the number of people with hypothyroidism. Hypothyroidism is one of the most widespread endocrine diseases with a prevalence of about 2% in the general population, subclinical hypothyroidism, which

usually evolves to manifest hypothyroidism, has a prevalence of up to 10%, and high levels of antibodies to thyroperoxidase (indicators of autoimmune process), which is a predictive factor of autoimmune hypothyroidism of up to 11%.

Both current literature review, which refers to hypothyroidism, as well as own data are analysed in the monograph. The monograph contains more than 500 bibliographic sources.

The first chapter of the monograph is dedicated to the incidence, classification of hypothyroidism, and regulation of function of the thyroid gland. Close attention is paid to au-