

## 5. BIOETHICAL APPROACH OF THE HEPATIC PATIENTS QUALITY OF LIFE

Author: Şpîrca Boris

**Scientific adviser:** Ion Banari, Doctor in philosophy, Department of Philosophy and Bioethics, *Nicolae Testemitanu* State University of Medicine and Pharmacy of the Republic of Moldova.

**Introduction.** The quality of life is an interdisciplinary subject, it involves a series of dimensions which determine an integral evaluation. A general overview about the quality of life of a hepatic patient requires an approach involving physical, mental and spiritual-moral components. Bioethical indicators engaged in approached subjects need to be reported on life's protection, suffering's decrease and life's quality improvement of a hepatic patient.

Aim of study. Highlighting bio-ethical elements of a hepatic patients' life quality.

Methods and materials. The establishment of the study was based on the synthesis of 33 identified works in the HINARI database. The work's criteria of selection are: forms of assessment of psycho-somatic vulnerability of hepatic patients, particularities of psycho-moral feelings, causes of a non-compliance treatment, interdisciplinary dimensions of caring for a hepatic patient. The search was focused on ethical, medical and psychological fields. The approached content was systematised through analysis, comparative and hermeneutic methods.

**Results.** In result it was determined that hepatic patients become physically, cognitive and emotionally sensible once the disease progressed. It's proved that once fibrosis rank in hepatic pathology, patients could develop some personality changes with anxiety, indisposition, irritability, fear, etc outcome, which determines a multidisciplinary care. More, an emotionally unstable patient could lead to decreased treatment compliance, and develop an unexpected physical and social decline. This fact determines a necessity for psychological and moral attention from family and an appropriate medical care.

**Conclusion.** 1. Within hepatic patients exists a strong link between vulnerability and quality of life. 2. To reduce vulnerability is necessary to apply some optimal therapeutic solutions. 3. Implementing the principles of bioethics is an important criteria for reducing vulnerability and improving the quality of life.