

6. PSYCHO-EMOTIONAL STATE BEFORE AND AFTER THE INJECTABLE PROCEDURE



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Introduction. Persons who would like a change of the exterior, including those who are often afraid to start the aesthetic intervention for reasons when they want to stop the procedure, will look worse or are afraid of the pain caused by the intervention. The idea of beauty is as old as human culture and is self-expression. Injectable procedures as an aesthetic treatment are all about improving a person's beauty with minimal pain and no downtime.

Aim of study. To analyze personality type, and kind of fear before aesthetic intervention and satisfaction after cosmetic procedures.

Methods and materials. The cross-sectional study consisted of examination and questionnaires which include Ten-Item Personality Inventory (TIPI), Rozenberg self-esteem scale (SES), Fear Questionnaire (FQ), Questionnaire of cosmetic procedures, and Facial Line Treatment Satisfaction Questionnaire (FTSQ) by Likert Scale-7 and performance of injectable aesthetic procedures.

Results. Subjects over 18 years of age were included in the research, so 75 individuals were apportionment as needing cosmetic procedures. They answered the questions in the inventory. By TIPI self-disciplined -53,3%, extravert - 14,7, careless - 1,3, conventional - 30,7% cases. Rozenberg SES: self-esteem low - 37,3, medium - 34,7, high- 28,0 % cases, FQ slightly disturbing fear was 73,3%, definitely disturbing fear - 24,0% and very disturbing fear - 2,7% cases, Questionnaire of cosmetic procedures: the fear was high in 8,0%, moderate - 18,7 and low- 61,3%, no fear -12,0% cases. Performed procedures: lip augmentation - 68,0%, filling nasolabial folds 5,3% and its combination 26,7% cases. Analyzing the results according to Facial Line Treatment Satisfaction Questionnaire by Likert Scale we found 21.4% had side effects (local hyperemia minimal oedema), no sign of the procedure- 45.3% and lack of downtime in 33.3% cases.

Conclusion. Satisfaction after aesthetic procedures according to Likert Scale was divided in 3 domains: good and very good satisfaction - 94.7%, dissatisfaction - 1.3%, average - 4.0% subjects. Patients were unsure to stay in this aesthetic office were 8,0%, disagree expressed only 1.3% and agree - 90,7% subjects.