

The 10th International Medical Congress For Students And Young Doctors

## 21. THE CLINICAL AND IMMUNOLOGICAL FEATURES OF MYASTHENIA GRAVIS WITH ANTI-MUSK ANTIBODIES.

Author: Țîrdea Alexei



Scientific advisor: Lisnic Vitalie, PhD, Professor, Department of Neurology No. 1, *Nicolae Testemitanu* State University of Medicine and Pharmacy, Chisinau, Republic of Moldova

**Introduction.** Myasthenia gravis is an autoimmune disorder of the neuromuscular junction, caused by autoantibodies synthesized against AChR, MuSK or LRP4. There is also a seronegative form, where antibodies are not detected. The disease is more prevalent in women, especially after the age of 40, but it tends to have a milder course in women compared to men. The mortality rate usually does not exceed 5-9%. Frequently, the disease begins with ocular manifestations such as ptosis and diplopia, only occasionally initiating with bulbar symptoms. However, the primary symptom remains muscle weakness, which is detected in the majority of patients.

**Case statement.** A 30-year-old female patient presented with the following complaints: muscle weakness in the hands, speech and swallowing disturbances. She has considered herself ill since 2014, following childbirth. She was consulted by a neurologist in 2015 and 2016. In 2018, a CT scan of the mediastinum revealed a persistent thymus, leading to the following diagnosis: Myasthenia gravis, with a relapse characterized by pronounced muscular fatigability, accentuated in the muscles of mastication and nasopharynx and mild oculomotor disorders. The patient was prescribed pyridostigmine 60 mg three times a day and in 2019, she underwent thymectomy. The patient's neurological status includes diminished convergence, slightly reduced pharyngeal reflex and reduced muscle strength in the orbital muscles. A prozerin test was conducted and the patient's condition improved, indicating a positive response. The diagnosis: Myasthenia gravis, generalized form, subcompensated, post-thymectomy state in 2019.

**Discussions.** In this case, the patient followed the doctor's instructions, undergoing treatment with prozerin. The patient responded positively to the treatment, but despite the exacerbation of myasthenia gravis, her condition deteriorated, indicating the unpredictable course of the disease.

**Conclusion.** The presented case emphasizes the imperative of ongoing investigation into myasthenia gravis and the need to elucidate treatment methods to prevent exacerbations and control the unpredictable evolution of the disease. Additionally, a personalized approach and careful monitoring of myasthenia gravis patients are necessary to adapt treatment based on the disease's progression. It is evident that the correct diagnosis of the disease's form is essential for establishing an appropriate treatment plan, underscoring the importance of research and therapeutic developments in this field.

