

In the literature, CO monitoring has been approached in different but complimentary knowledge domains. These concern (i) technical issues (what is really measured and how is CO calculated ?; are the measurements continuous versus discontinuous ?); (ii) invasiveness, which according to the definition of this term can classify different CO monitors as invasive, minimally invasive or non invasive; it is worth mentioning that it is not because a monitor is considered as non invasive that it can be used under all clinical circumstances; for instance, transoesophageal doppler monitors are considered as non invasive but their use in awake, non intubated patients is nearly impossible; (iii) diagnostic performance as compared to a gold standard or reference technique; most of the literature on comparisons of CO monitors has been dedicated to diagnostic performance; (iv) changes in medical practice based on information provided by each type of CO monitors; (v) changes in outcome and resource utilization.

In this presentation, in order to answer the question formulated in the title, I will discuss two issues: (i) comparisons of diagnostic performance with focus on the statistical tools¹⁻³, used for comparisons and the clinical relevance of these comparisons; with the statistical tools and adequate clinical reasoning we should be able to assert the interchangeability of different CO monitors (ii) the impact of CO monitoring on patient outcome and resource utilization ; I will analyse critically the available literature and attempt to explain why the use of CO monitors has not results in measurable changes in patient outcome.^{4-5,8,9}

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C-REACTIVE PROTEIN AND PROCALCITONIN: PROGNOSTIC AND THERAPY GUIDANCE TOOLS IN INTRA-ABDOMINAL SEPSIS

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Among the recent advances in the management of intra-abdominal sepsis are the use of two biomarkers of inflammation, C-reactive protein (CRP) and procalcitonin (PCT). Both biomarkers were investigated for their potential use for diagnosis, prognosis and therapy guidance¹⁻³. Any use of these two biomarkers must be based on a detailed understanding of their biology. The goals of the presentation are to review: (i) the biology of CRP and PCT; (ii) the diagnosis and prognosis performances of the two biomarkers in bacterial (including intra-abdominal) sepsis; (iii) the potential use of these biomarkers to guide therapy.

C-reactive protein (CRP), named for its capacity to precipitate the somatic C-polysaccharide of *Streptococcus pneumoniae*, was discovered in 1930 (see for a review⁴ and is a major component of the acute phase reaction (APR). In healthy young adults, the median concentration of CRP is 0.8 mg/l, the 90th centile is 3.0 mg/l, and the 99th centile is 10 mg/l⁵. Within 24 h after onset of inflammation, levels can increase as much as 1000-fold⁵. Measurements of plasma CRP concentrations are routinely used in clinical practice to diagnose acute inflammation, follow up its response to therapy, diagnose infection in immuno-compromised host when other clinical signs are not sensitive.

Procalcitonin (PCT) is a peptide barely detectable in healthy patients but its concentration can be increased several thousand fold in cases of inflammation secondary to bacterial and fungal infection but also to non-infectious causes⁶⁻⁹. As a biomarker of inflammation/ bacterial and fungal infection, as comparable to other biomarkers such as C-reactive protein (CRP)⁵, PCT is particular in that the significance in terms of outcome (beneficial, deleterious or neutral) of its increased concentrations is not

understood^{6,7}. For instance, high PCT values in neonates or patients with medullary carcinoma of the thyroid gland do not affect patient outcome⁶; on the contrary, high PCT values are statistically associated with patient outcome in variety of clinical contexts characterized or not by bacterial or fungal infection^{10,11}.

The diagnostic and prognostic performances of PCT and CRP are probably not good enough to be used isolated from other clinical and laboratory information¹². Nevertheless, accumulation of clinical experience and published reports is consistent with a very high negative predictive value of low PCT values¹². Low (< 0.25 µg/l) PCT values are consistent with absence of severe bacterial infection at least for some clinical contexts¹². In addition, several clinical trials that still require confirmation with larger cohorts of patients, suggest that PCT could be used to guide the duration of antibiotic therapy in critically ill patients or in patients admitted to the emergency department¹²⁻¹⁸.

In summary, although it is too early to assert that information provided by serial PCT measurements could change clinical reasoning on initiation and duration of antibiotic treatment in critically ill patients, recent results suggest that this may be the case.

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ANAESTHESIOLOGY – THE MOST ATTRACTIVE SPECIALITY ALSO IN 20 YEARS

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The development of our speciality has been fast, ever since the famous demonstration of ether anaesthesia by William TG Morton in 1846. We provide the sine qua non for the development of surgery. Although a lot of what we do is common, the development until today has taken varied courses throughout the world. We have one speciality, but the specialist training varies between 0 – 7 years. In some countries, physician anaesthesiologists do mainly anaesthetics, with or without helpers like nurses or technicians, but in others, we are also involved in intensive care medicine, emergency medicine and chronic pain treatment. Anaesthesiologists are also popular as managers and leaders. Our prestige and attractiveness by young colleagues also vary, sometimes leading to lack of manpower.