# SYSTEMIC SCLERODERMIA AND HYPERTROPHIC CARDIOMYOPATHY - CAUSAL OR STOCHASTIC AFFILIATION

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## Introduction

Hypertrophic cardiomyopathy (HCM) is characterized by the presence of left ventricular hypertrophy which cannot be explained only by ventricular filling abnormalities. HCM has been previously described in a small number of patients with systemic scleroderma (SDS).

## **Keywords**

systemic sclerosis, hypertrophic cardiomyopathy.

## **Purpose**

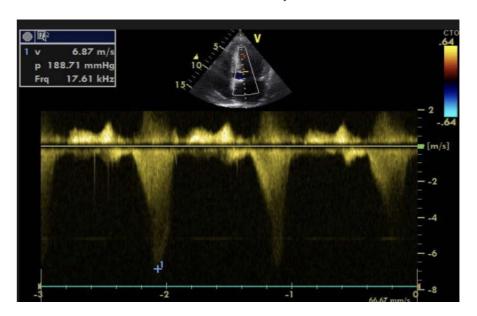
To highlight the importance of the multidisciplinary approach to a patient with systemic sclerodermia.

## Material and methods

Patient with paresthesia at low temperatures, discoloration of the fingers, dysphagia, arthralgias, thickening and stiffness of the skin, fatigue and dyspnea was examined clinically and paraclinical.







## **Results**

Clinical and paraclinical parameters: BP-130/80mmHg, HR-74bpm; PCR-22.9 mg / L, ESR-21 mm / h, pro-BNP-2461 ng / ml, positive Scl-70, ANA-1/5120, HLA-DR3 was positive; ECG-sinus rhythm, LV myocardial hypertrophy. Transthoracic echocardiography: LV diastolic dysfunction, ejection fraction 61%, severe obstruction of the LV ejection tract. HCM is an autosomal dominant genetic disorder associated with HLA-DR3 genes, acting with genetic and nongenetic factors, in which the link to SDS is perceived. Diffuse connective tissue disease can be considered a "natural experiment" in the interaction between inflammation and heart disease, which could elucidate the fundamental mechanisms by which inflammation accelerates the development of cardiovascular disease.

#### **Conclusions**

This affiliation can be interpreted as two concomitant diseases or a causal association.